

PREMIUM PLAN SERVICES AND BENEFITS

APPENDIX IV

Medical Care

- o Vitamin B-12 and Allergy shot (steroid)
- o Ear Irrigation for wax
- o Nebulizer Treatment with oxygen concentrator
- o Weight Loss Management
- o Allergy testing through blood test (paid separately to the lab)

Office Based surgical care

- o Repair of laceration
- o Excision of benign skin lesions
- o Excision of malignant skin lesions
- o Shaving of skin lesions
- o Mole removal –skin biopsy
- o Skin Tag removal
- o Sebaceous cyst removal
- o Lipoma removal
- o Warts (genital, sole, hand)
- o Partial of full nail removal for fungus in ingrown toe nail
- o Joint injections (steroid)
- o Tendon injections (steroid)
- o Fine needle aspiration (Thyroid, Breast)
- o Ganglion cyst removal
- o Repair of split ear lobes
- o Excision of breast mass (Lumpectomy when possible)
- o Lymph node biopsy
- o I & D of abscess
- o Application of splint

- o Application of cast for minor non-displaced fractures
- o Trigger point injections
- o Wound care with debridement
- o Circumcision
- o Varicose vein ligation

Gynecological Care

- o Gyn Exam

Pediatrics

- o Pediatric well care visits

Urgent Care during office hours

Second opinions

Pre-surgical testing

Referral for discounted CT scan and MRI