PREMIUM PLAN SERVICES AND BENEFITS

Full List

Medical Care

- o EKG
- Holter Monitor
- Pulmonary Function Test (Spirometry)
- Urinalysis
- o Blood Sugar
- Fecal occult blood test
- PPD (skin test for tuberculosis)
- Vitamin B-12 and Allergy shot (steroid)
- Ear Irrigation for wax
- Flu vaccine (one per year)
- o Nebulizer Treatment with oxygen concentrator
- IM/IV treatments (cost of drug is not included)
- Weight Loss Management
- Tetanus vaccine (after injury)
- Allergy testing through blood test (paid separately to the lab)

• Office Based surgical care

- Repair of laceration
- Excision of benign skin lesions
- Excision of malignant skin lesions
- Shaving of skin lesions
- Mole removal –skin biopsy
- Skin Tag removal
- Sebaceous cyst removal
- o Lipoma removal
- Warts (genital, sole, hand)
- Partial of full nail removal for fungus in ingrown toe nail
- Joint injections (steroid)
- Tendon injections (steroid)
- Facet joint injections
- Fine needle aspiration (Thyroid, Breast)
- Ganglion cyst removal
- Repair of split ear lobes
- Excision of breast mass (Lumpectomy when possible)
- Lymph node biopsy
- Pilonidal cystectomy
- o I & D of abscess
- Application of splint
- o Application of cast for minor non-displaced fractures

- Trigger point injections
- Wound care with debridement
- Circumcision
- Rubber band hemorrhoidectomy

• Gynecological Care

- Pap smear (one every two years)
- o Pregnancy test
- Family Planning

• Pediatrics

- Childhood immunization (Any age) except for Gardasil
- o Audiometry
- Urgent Care during office hours
- Lab Test: blood, urine and stool (unlimited) see appendix V for details
- Imaging: Unlimited X-rays and Sonograms. Mammogram (one every two years)
- Second opinions
- Pre-surgical testing
- Discount prescription card
- Referral for discounted CT scan and MRI
- Referral for discounted colonoscopy and upper endoscopy