## SERVICES AND BENEFITS APPENDIX IV

- Medical Care
  - Holter Monitor
  - Vitamin B12 and Allergy shot (steroid)
  - Ear Irrigation for wax
  - Nebulizer Treatment with oxygen concentrator
  - IM/IV treatments (cost of drug is not included)
  - Weight Loss management
  - Allergy testing through blood test (paid separately to the lab)
  - Vascular Studies (Venous, carotid, peripheral duplex scans)
- Office Based surgical care
  - o Repair of laceration
  - Excision of benign skin lesions
  - Excision of malignant skin lesions
  - Shaving of skin lesions
  - Mole removal skin biopsy
  - o Skin Tag removal
  - Sebaceous cyst removal
  - Lipoma removal
  - Warts (genital, sole, hand)
  - o Partial and full nail removal for fungus in ingrown toe nail
  - Joint injections (steroid)
  - Tendon injections (steroid)
  - Facet joint injections
  - Fine needle aspiration (Thyroid, Breast)
  - o Ganglion cyst removal
  - Repair of split ear lobes
  - o Excision of breast mass (Lumpectomy when possible)
  - Lymph node biopsy
  - Pilonidal cystectomy
  - o I & D of abscess
  - Application of splint
  - Application of cast for minor non-displaced fractures
  - Trigger point injections
  - Wound care with debridement
  - Circumcision
  - o Rubber band hemorrhoidectomy
  - o Uncomplicated anal fistulectomy
  - Carapal Tunnel Release
  - Vericose vein ligation
- Gynecological Care

- Pregnancy test (two per year)
- Urgent Care during office hours
- Physical Therapy (Manhattan Only), ten visits per fiscal year
- Second opinions
- Pre-surgical Testing
- Referral for discounted CT scan and MRI