## **BASIC PLAN SERVICES AND BENEFITS**

## Full List

- Medical Care
  - EKG (one per year)
  - o Urinalysis
  - Blood Sugar
  - Fecal occult blood test
  - PPD (skin test for tuberculosis one per year)
  - Ear Irrigation for wax
  - o Nebulizer Treatment with oxygen concentrator
  - Weight Loss management
  - Allergy testing through blood test (paid separately to the lab)
- Office Based surgical care
  - Shaving of skin lesions
  - Mole removal –skin biopsy
  - Skin Tag removal
  - Warts (genital, sole, hand)
  - o Partial and full nail removal for fungus in ingrown toe nail
  - Fine needle aspiration (Thyroid, Breast)
  - I & D of abscess
  - Application of cast for minor non-displaced fractures
  - o Wound care with debridement
- Gynecological Care
  - o Gyn Exam
  - o Family Planning
- Pediatrics
  - o Childhood immunization (Cost for immunization is an additional charge)
  - o Pediatric visit
- Urgent Care during office hours
- Physical Therapy (Manhattan Only), five visits per fiscal year
- Lab Test: Lipid Panel, Cbc, Blood sugar (one per year)
- Imaging: X-rays (two per year)
- Second opinions
- Referral for discounted CT scan and MRI

• Referral for discounted colonoscopy and upper endoscopy